

Yale University

New Haven, CT

The Initiative

The Emerging Strategies to Improve Health Outcomes for People Aging with HIV (Aging with HIV) Initiative supports and evaluates 10 demonstration sites as they implement groundbreaking interventions that seek to improve whole-person care of people with HIV ages 50 and older served by the Ryan White HIV/AIDS Program (RWHAP).

The Program

Yale University developed a collaborative care model and trained HIV providers at the Yale Ambulatory Center to manage conditions associated with aging through training on improved care delivery. The program had a focus on specific geriatric conditions such as falls, functional impairment, fragility fractures, and formularies (polypharmacy) which they termed “the 4F”.

Activities for the **4F Provider Training** included:

- Developing training materials
- Enrolling HIV Champion Providers
- Providing baseline assessment
- Training HIV Champion Providers in the 4F
- Providing post-training assessment

Activities for the **4F Client Intervention** included:

- Collecting baseline data
- Screening clients in the 4F
- Preventing and managing the 4F through screening and referrals
- Creating care plans with an advisory group

Notable Client Outcomes



High retention rates in HIV care

Clients are attending two or more HIV care encounters in the last 12 months at least 90 days apart



Clients reported high satisfaction with their care

This indicates clients built strong relationships with the care team

Total clients completing the evaluation: 77

Implementation Lessons Learned

Yale benefited from a number of facilitators and worked as a team to overcome several challenges.

Facilitators



Tools and resources developed by the project will last beyond the funding period as part of standard clinic workflows, supporting long-term sustainability and impact



Expertise of the peer liaison contributed to success through thoughtful engagement in the development and refinement of the geriatric wellness visit.



Client videos contributed to sustainability because video creation was nominally a one-time cost, though there may be a need to make minor updates to the video content over time to keep them current. Videos are available in English and in Spanish.

Challenges



Early scheduling changes and limited appointment availability delayed recruitment.



Initial development and later refinement of the screening tool was time- and effort-intensive.



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